










Cheesy Chicken & Rice Soup

A melty, Tex-Mex hug in a bowl. Made entirely from shelf-stable goods.

INGREDIENTS :

-  2 cans chicken (keep the broth—it's flavor)
-  1 Velveeta cheese sauce packet (buy the packets or steal it from a box of creamy mac)
-  1 chicken bouillon cube
-  1 box of Spanish rice
-  1 can corn (don't drain—we want that liquid gold)
-  1 can black beans (drained and rinsed)
-  1 can diced tomatoes with green chilis

Optional:

-  Tortilla Chips

APOCALYPSE-PROOF ASSEMBLY INSTRUCTIONS:

Dump & Heat: In a pot, combine shredded chicken with broth, bouillon cube, corn, black beans, tomatoes with green chilis, rice with season packet, and 3 cups of water.

Heat it up: Heat to a boil like your dinner depends on it (because it does). Then stir and simmer 15-20 minutes until the rice is done.

Add the Cheese: Stir in the Velveeta packet toward the end of cooking until everything's silky, cheesy, and smells like emotional recovery.

Pairs well with tortilla chips, bunkers, and denial.

Feeds 4-6 people who still deserve joy—even in the canned goods era.

Questions? Feedback? Email us at haalp@chickenlittlepreps.com.

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